

Havering and East London Ramblers



www.haveringeastlondonramblers.btck.co.uk

Mobile number 07583532309

**Programme and Newsletter
December-March 2016**

Chairman's Notes

Congratulations to Joan Bullivant for being successful in obtaining a £2,000 grant from the Ramblers Head Office towards replacing stiles on the Havering section of the London Loop. This money will be matched by a £3,130 grant from Havering Council. The L B Havering are also going to co-ordinate the ordering, storage and installation. The replacements stiles are of the chain linked swing arm variety and will be a great improvement on the more traditional climb over ones currently in place.

Apart from squeezing money out of people Joan also runs our Footpath Clearance programme in conjunction with L B Havering. She would welcome some new faces to replace those people who are no longer available.

Clearance takes place once a month (excluding the winter months) and concludes with Joan's famous homemade cakes and biscuits. Please contact Joan for further details.

Coral and Beryl decided to designate their recent Benfleet to Southend outing as a fund-raising walk for the Children in Need Appeal. I'm delighted to announce they raised £205. A big thank you to all concerned.

It's time for a change. I will have been your Chairman for 4 years at the 2016 AGM and will not be seeking re-election thereafter. This also coincides with Peter Rees's decision to stand down at the same time. In order to avoid the usual cliffhanger, it would be to everybody's advantage if new replacements could step forward early and join the committee as soon as possible.

Although the group could muddle along without a Chairman in the short term it cannot survive without a Walks Secretary, so please give it your earnest consideration.



Our **Christmas Lunch** will be held at the Olde Plough on the 22nd December at 1PM. Please contact John Smith for more details.

Secretary's Report

The big PATHWATCH is taking place all over the country. Members are invited to choose a grid square on their map, walk it and to note details of any problems. Visit www.ramblers.org.uk/BigPathwatch to get involved. The event lasts until the end of the year.

All are invited to the Essex Area AGM at Stock Village Hall on Saturday February 13th at 10.00am. Lunch will be provided, there will be a short walk in the afternoon. (GR693 991)

As many will have noticed, a branch of Millets has opened in the Brewery Site, Romford, and will welcome our custom. (Don't forget your Ramblers membership card to obtain a discount.)

Havering Footpath & Countryside Officer

Footpath Maintenance Working Party

Thank you from me and Havering Council to everyone who has already helped with footpath maintenance.

There are further opportunities on this programme for you to join in this worthwhile activity. ***The first provisional date on this programme is Friday 18th March.***

Our usual meeting time is 9.45am near where we will be working and we usually finish by 1pm.

Information about the jobs will be available from me on a monthly basis. It would be very helpful if Ramblers would let me know of footpaths in Havering where they feel work needs to be done.

NB: As usual we include an additional reminder of the Provisional dates of the Footpath maintenance working parties in the body of the programme. We hope that this will help all walkers to plan a date when they can participate in one of the working parties. A clear path makes it much easier for all members.

Walks Secretary

The closing date for the next programme is the 21st February 2016

It would be much appreciated if you could supply your walks as soon possible especially if you require a specific date. Our drop dead date is the **21st February 2016** but please remember the later you leave it the likelihood the dates that you require will be more restricted.

If you would like to lead a walk on the next programme, please contact a member of the committee who I am sure will be happy to help you.

Can you please give your walk for the next programme to either Peter O'Neill on 01708 455626 or Peter Rees on 01708 445177 or peter.rees50@btinternet.com

The committee would like to thank all the people who have given up their time to lead walks for us all.

Although it is getting more and more difficult to fill the walks programme, we have managed to fill most walk dates in this programme, but please remember that we are always in need of people to lead our walks and that if we have no leaders we have no walks!

As I announced at the AGM, I have been compiling the programme for about 5 years and this is the last time that I plan to stand for re-election as Walks Secretary. I would like to thank everyone who has led a walk as this allows us to put together a comprehensive programme.

Information and Web Master

We all like green. And you too can be green. Not like a Martian, or other little green men, but by saving resources. In particular, we have two major areas where we use our resources. Firstly in printing the programme, and secondly posting it.

If you are reading this on your PC, Tablet, phone then consider do you need a printed copy? Have a browse through. Do you *need* a printed copy? Or is this version enough for your needs? Please let me know if you want to be green, and not have the printed version is there something you would like in the electronic version?

The e mail is haveringeastlondonramblers@gmail.com

New Year - New Project

In the Spring Sandra Dalton will continue with the London LOOP. Starting in February we will start another project, walking the Thames path from Woolwich towards the West. Starting Tuesday 9th February we will start on this journey and progress up river.
Look forward to seeing you.

London Loop (Sandra Dalton)



As you may know back in August I started out on a 140 mile plus walk through the Green Belt around London. So far I have lead three stages, the photos of which are on the website. It has been a voyage of discovery. After the initial rather uninspiring scenery between Erith and Crayford on the first stage, it has gone from strength to strength. Beautiful countryside with lots of historical interest along the way. This is not a route march, more a gentle ramble as I want to make sure we see as much as possible along the way and enjoy ourselves. Since starting the walk interest in it has accelerated. On the last stage there were 12 of us. Like many long term commitments people cannot always make a particular section on the allotted day. I have decided not to put any sections on the current programme, partially due to the short days and weather but also to give people the opportunity to catch up the stages they have missed. With this in mind if we are re-walking a section details will be posted on the website. So if you had thought about joining me and haven't got around to it, now is your chance. Come and see why protecting the Green Belt is so important!

Carol Concert – Eastbury Manor, Barking – Free

Thursday 10th December 7pm for 7.30pm start

Come along and get into the Christmas spirit with a bit of carol singing. If you have never been to Eastbury Manor you are in for a lovely surprise. It is a Tudor Mansion set in its own grounds in the heart of Barking. The concert usually takes place in the Long Gallery upstairs and is very atmospheric. You never know we may even get some snow to make it more Christmassy. Eastbury Manor, Eastbury Square, Barking, Essex, IG11 9SN. Nearest tube station Upney on District Line
Any questions give me a ring (Sandra Dalton).

All walks

If the weather is inclement, it is important to either check our web site as noted on page 1, or contact the leader to see if the walk will take place.

Please telephone the walk leader direct for specific walk related queries before phoning group mobile phone number.

As you are all aware we have been attracting 50 plus walkers on our London walks with a significant number of these not being members of our group. This is due to a large proportion of these people picking these walks up on Walk Finder. Therefore if you would prefer not to have your walk included in Walk Finder please let the Walks Secretary know when you supply your walk details.

Please check for the availability of public transport on the TFL web site, before travelling at weekends to allow for the planning of alternative routes.

Car share

Please car share where possible, as parking is often quite limited.

Walking with the Ramblers

‘All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur’.

The Ramblers Association is a company limited by guarantee, registered in England and Wales. Company registration number 445892. Registered charity in England and Wales Number 1093577. Registered office, 2 Floor, Camelford House, 87-90 Albert Embankment London SE1 7TW.

Dogs on walks *

We have been informed by Ramblers Head Office that we need to comply with the Disability Equality Act (2010).

We will continue to let Walks Leaders decide whether it is appropriate to allow dogs to participate in their walks, but even in cases where it is decided not to allow dogs to participate in a particular walk, we must allow registered assistance dogs to participate with their owners e.g. guide, hearing, service, therapy and seizure alert dogs.

As a general rule only “Registered Assistance Dogs” will be allowed on walks unless the Walks Leader specifies that dogs are welcome.

Havering and East London Ramblers Association Committee Members

Chair:

Peter O'Neill

Secretary:

Ken Richards, 26 Arundel Road
Harold Wood. Romford.
RM3 0RT

01708 375559

Treasurer:

John Smith

Membership Secretary:

Diane Biggadike.

Walks Secretary:

Peter Rees

Havering Footpath & Countryside Officer

Joan Bullivant

Newham Footpath & Countryside Officer

John Buckle*

Webmaster:

Peter Owen



Who's got the car keys then?



Is that the time?

As you read through this walks programme you will hopefully be thinking about the walks that you plan to put on the next programme. To facilitate getting dates that suit you we are happy to accept walks from the 1st January.

Tuesday 1 December 10:0

John Smith

Meet in the car park in Hacton Lane for a circular walk in Hornchurch Country Park
Post Code IG10 4AF

Registered assistance dogs only.
5 miles

Saturday 5 December 10:30

John Buckle

Meet at Westminster station at 10.30 for a walk through Mayfair, Soho and Covent Garden, finishing at Embankment station.

5 miles

Sunday 6 December 10:0

Norman Valentine

Meet at Tower Hill Station exit (District and Circle lines) for a linear walk through Docklands to Canary Wharf (DLR and Jubilee lines).

Packed lunch advisable
Registered assistance dogs only
7 miles

Tuesday 8 December 10:15

Rita Miles

Meet at the church in Romford market for a walk that will take us up and through Raphaels park, and Lodge Farm park. It is mostly path walking.

Registered assistance dogs only.
5 miles

Saturday 12 December 10:15

Joan Bullivant

Meet at Tower Hill underground station for a linear walk to Rotherhithe station.

Registered assistance dogs only.
6 miles

Sunday 13 December 10:0

Joan Bullivant

Meet at Lambeth North underground station for a linear walk to Baker Street underground station. Pub or café stop but advisable to bring a packed lunch.
Registered assistance dogs only
10 miles

Tuesday 15 December 10:45

Joan Bullivant

Meet at Westbourne Park underground station for a linear walk to Notting Hill Gate underground station, via Holland Park.
Registered assistance dogs only.

6 miles

Saturday 19 December 10:30

John Smith

Meet at Embankment Station for a linear walk through the Royal Parks (St James's, Green Park and Hyde Park) to Knightsbridge Station.

Registered assistance dogs only.

6 miles

Sunday 20 December 9:0

Sandra Dalton

Meet at Harold Wood station car park for car share to Mill Green. A lovely walk in the forests and fields with a chance to see deer – Rudolph and friends before the big event!

There will be Christmas cheer along the way and a chance to wish everyone a Happy Christmas in the Viper afterwards.

6-7 miles

Tuesday 22 December

No Walk Planned

Tuesday 22nd December (1pm)

Christmas Lunch at the Olde Plough.

Speak to John Smith for details.

Saturday 26 December

Boxing Day

No Walk Planned

Sunday 27 December 10:0

Ron Lockhart

Meet at Berwick Ponds for a circular walk.

Postcode RM13 9EJ

Map Ref 175 TQ543/836

Registered assistance dogs only

All my walks are of a 6 mile length give or take a little and if anyone wants me to continue in the afternoon.

6 miles

Tuesday 29 December 10:15

John Smith

Meet at the Epping Forest Visitor Centre (High Beach, Loughton) for a circular walk to the Queen Elizabeth's Hunting Lodge and around Connaught Water.

Registered assistance dogs only.

5 miles

Saturday 2 January 10:0

Ken Richards

Meet at Harold Court Wood car park. From Gubbins Lane, turn into Station Road and then right into Church Road. At the end of the road, turn right into Harold Court Road, leading into Ivy Lodge Lane and the car park.

Walk to Noak Hill, Dagnam Park and Hatters Wood.

GR560 911.

Registered assisted dogs only.

4-5miles

Sunday 3 January 10:0

Ron Lockhart

Meet at Mill Green the Viper for a circular walk.

Postcode CM4 0PT

Map Ref 183 TL641/018.

Registered assistance dogs only.

All my walks are of a 6 mile length give or take a little and if anyone wants me to continue in the afternoon.

6 miles

Tuesday 5 January 10:30

Roy Clemance / Maureen Collins

Meet at Osterley Tube Station (Piccadilly Line) for a circular walk around Osterley, Hanwell and the Grand Union Canal.

Registered assistance dogs only.

5.5 miles

Saturday 9 January 10:15

Chris West

Meet at Barbican

Underground Station for a walk to Holloway Road, via Smithfield, Angel and Highbury.

Registered assistance dogs only.

5.5 miles

Sunday 10 January 9:0

Sandra Dalton

Meet at Harold Wood station car park for car share to Blackmore.

Blow away those Christmas cobwebs and join me for a walk on mostly hard tracks around the Blackmore area. Finishing at Blackmore for lunch/afternoon tea in tearooms.

8 miles

Tuesday 12th January 10:15

Norman Larsen

Meet at the layby near the Huntsman & Hounds, for a circular walk via Parklands and Upminster Alps and the Optimist. Dogs and children welcome. May be muddy.

4 miles

Saturday 16 January 10:15

David Brooks

Meet at the Fishers Green car park in Stubbings Hall lane, Waltham Abbey
For a Lee Valley walk.

GR 377031

Post code EN9 2EF

Registered assistance dogs only.

5 Miles

Sunday 17 January 10:0

Ron Lockhart

Meet at Cranham Playing Fields
Sunnycroft Gardens for a circular walk.

Postcode RM14 1HR

Map Ref 175 TQ579/877

Registered assistance dogs only

All my walks are of a 6 mile length give or take a little and if anyone wants me to continue in the afternoon.

6 miles

Tuesday 19 January 10:30

Joan Bullivant

Meet in Connaught Water car park (GR 405951) for a circular walk in Epping Forest.

Registered assistance dogs only.

6 miles

Saturday 23 January 10:15

Joan Bullivant

Meet at Tower Hill underground station for a linear walk to Barbican underground station.

Registered assistance dogs only.

6 miles

Sunday 24 January 10:0

Joan Bullivant

Meet at Canada Water station for a linear walk to Cutty Sark station. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

10 miles

Tuesday 26 January 10:30

Joan Bullivant

Meet at Dagenham East underground station for a linear walk to Goodmayes station.

Registered assistance dogs only.

6 miles

Saturday 30 January 10:0

Peter Rees

Meet at the Visitor Centre car park in Squadrons Approach for a figure of 8 walk around Hornchurch Country Park.

Post Code RM12 6UB

Registered assistance dogs only.

5 miles

Sunday 31 January 9:0

Sandra Dalton

Meet Harold Wood station car park for car share to Navestock Side. Walk mainly within Weald Country Park. Morning coffee at the Visitor Centre.

6-7 miles

Tuesday 2 February 10:15am.

Marion Franklin

Meet at Tesco's near Bromley-by-Bow station for a walk to, through and beyond the Olympic Park, returning to finish at Westfield Stratford.

Postcode: E3 3DA

5 miles

Saturday 6 February 10:30

Liz Rayner

Meet Limehouse Station DLR/C2C. Walk to Rotherhithe station via Thames Path and Tower Bridge.

5 miles

Sunday 7 February 9:30

Kathleen Valentine

Meet at Liverpool Street Station on the concourse by platform 18 to catch train from Moorgate to Kentish Town for a walk around Hampstead Heath.

Cafe stops but packed lunch advisable.

8 miles

Tuesday 9 February 10:30

Peter Owen

Thames Path-Part one

Meet at Woolwich Arsenal DLR station, for a walk following Thames Path to the O2 Dome.

Registered assistance dogs only.

5 miles

Saturday 13 February 10.30

Ros Kendrick/Shirley Andrews

Meet at Westminster station exit 5 (Westminster East) for a walk through the Royal Parks finishing at Hyde Park Corner

Registered assistance dogs only.

5.5miles

Sunday 14 February 9:0

Sandra Dalton

Meet at Harold Wood station car park for car share to Childerditch Common. Walk via Thorndon Country Park and Childerditch. Morning coffee at the Pavilion in the park.

Registered assistance dogs only.

6 miles

Tuesday 16 February 10:15

Carol Thomas

Meet at Waterloo Station under the clock. Train to Barnes Bridge.

Circular walk around Barnes village and then along the Thames footpath.

Registered assistance dogs only.

5.5 miles

Saturday 20 February 10:15

Beryl Buckler / Coral O'Neill

Meet at Limehouse Station for a linear walk to Canada Water Station.

Registered assistance dogs only.

5 miles

Sunday 21 February 10:0

Ron Lockhart

Meet at Mountnessing Windmill for a circular walk.

Postcode CM15 0TD

Map Ref 175 TQ631/979

Registered assistance dogs only

All my walks are of a 6 mile length give or take a little and if anyone wants me to continue in the afternoon.

6 miles

Tuesday 23 February 10:0

Peter Owen

Thames Path-Part Two

Meet at North Greenwich

Underground Station, picking up

Thames Path path from finish

point of previous walk towards

Rotherhithe, via Cutty Sark.

Registered assistance dogs only.

5 miles

Saturday 27 February 10:30

John Buckle

Meet at Waterloo station at 10.30

under the clock for a walk round

Hampton Court and Bushy Park.

5 miles

Sunday 28 February 10:0

Joan Bullivant

Meet at Bromley-by-

Bow underground station for a

linear walk to West Ham station

via Bow Common, Mile End,

Victoria Park and the Olympic

Park. Pub or café stop but

advisable to bring a packed

lunch.

Registered assistance dogs

only.

10 miles

Tuesday 1 March 10:00

Phil Havis

Meet at Crayshill Recreation

Ground C.P. (Off A129). Turn off

A127 at Pips Hill Road, just before

Summerhill Nursery. This leads

into Harding Elms Lane, at the

junction with the A129 turn right

for about 300 yards to F.P. sign at

entrance to car park for a walk to

Ramsden Heath.

Grid Ref 707 918

Latitude N51.599826° / Longitude

E0.463055°

Registered assistance dogs only.

6 miles

Saturday 5 March 10:15

Joan Bullivant

Meet in the car park (GR

638012) near The Cricketers in

Mill Green Road for a circular

walk.

Registered assistance dogs only.

6 miles

Sunday 6 March 10:0

Joan Bullivant

Meet at High Beach visitor

centre for a circular walk in

Epping Forest. Pub or café stop

but advisable to bring a packed

lunch.

Registered assistance dogs

only.

10 miles

Tuesday 8 March 10:30**Norman Larsen**

Meet at Baker St station by exit for a walk through Regent's Park and canal to Little Venice. Registered assistance dogs only.

6 miles

Saturday 12 March 10:30**Les Cannings**

Meet outside Benfleet station at 10:30 parking available behind station in car park (£2 charge) in School Lane.

Hilly walk around Benfleet.

Registered assistance dogs only.

5.5 miles

Sunday 13 March 9:0**Sandra Dalton**

Meet at Harold Wood station car park for car share to One Tree Hill, Kent (near Sevenoaks). Lovely walk stopping at Ightham Mote (NT) for coffee in the morning and lunch in Sevenoaks. Some hills and usually plenty of deer in the park.

8-10 miles.

Tuesday 15 March 10:30**Les Cannings**

Meet outside St. Paul's

Underground Station (exit 2) on the Central line. For a garden / mystery walk, you may need a camera.

Registered assistance dogs only.

5.5 miles

***Fri 18th March Provisional
Date Footpath maintenance
working party***

Saturday 19 March 10:15**Beryl Buckler / Coral O'Neill**

Meet at Westminster Station (exit 6) for a linear walk taking in various Royal Parks and finishing at Hyde Park Corner Station.

Registered assistance dogs only.

5 miles

Sunday 20 March 9:30**Norman Valentine**

Meet at Liverpool Street Station (on concourse by platform 18) to catch train for 12 minute journey to Tottenham Hale Station for linear riverside walk along River Lea to the Thames at Limehouse Basin (Limehouse Station – DLR)

Packed lunch advisable

9 miles

Tuesday 22 March 10:30

Peter Rees

Meet at Forest Gate Station
for a circular walk in Wanstead
Park
Registered assistance dogs only.
6 miles

Saturday 26 March 10:30

John Smith

Meet at Waterloo Station under the
clock for a linear walk to Battersea
Park, across the bridge to park and
Knightsbridge Station.
Registered assistance dogs only.
5 miles

Sunday 27 March 10:0

Ron Lockhart

Meet at Navestock Side
postcode CM14 5SD
Map Ref 175 TQ563/973
Registered assistance dogs only
*All my walks are of a 6 mile
length give or take a little and if
anyone wants me to continue in
the afternoon.*
6 miles

Tuesday 29 March

No walk planned



That's wrecked our game of Pooh Sticks.



Start of the LOOP

Our Walk Leaders

Shirley Andrews
David Brooks
John Buckle
Joan Bullivant
Les Cannings
Roy Clemance
Sandra Dalton
Micky Doyle
Marion Franklin
Phil Havis
Ros Kendrick
Norman Larsen
Ron Lockhart
Jerry O'Brien
Coral & Peter O'Neill
Don Ostle
Peter Owen
Peter Rees
Ken Richards
John Smith
Carol Thomas
Norman Tolley
Norman & Kath Valentine
John Whitten
Liz Rayner
John Bowen

Ramblers Holidays Walking Partnership



The Havering and East London Ramblers group has recently joined The Walking Partnership.

This new partnership, supported by Ramblers Worldwide Holidays, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Worldwide Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Worldwide Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on www.ramblersholidays.co.uk or give them a call on 01707 33113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us.



CHOOSE THE PATH LESS TAKEN...

...with the original walking experts



- worldwide & UK guided walking • trekking
- sightseeing • short breaks • great journeys
- special interest • small groups

Don't forget! When you book, tell us the name of your walking group, to ensure your group receives Walking Partnership funds.

For advice, rewards and a brochure call

01707 386804

www.ramblersholidays.co.uk



Walking holiday partner



Are you sure the pub's over there?



In the Stone Circle

Havering & East London Ramblers 2015 Christmas Lunch

CHRISTMAS LUNCH – 22nd December 2015 - 1.00pm

To be held at **Ye Olde Plough House** Brentwood Road (A128). Bulphan
Essex RM14 3SR **COST £21 PER PERSON Staff gratuities included.**

MENU

Starters:

Winter Vegetable Soup (V)
Prawns with Marie Rose Sauce
Breaded Brie with Cranberry Sauce
Fanned Melon with Seasonal Fruits (V)

Main Course:

Traditional Roast Turkey with Chipolata Sausage
wrapped in Bacon and Sage & Onion Stuffing
Roast Beef with Yorkshire Pudding
Grilled Plaice with a Caper Butter
Goats Cheese & Caramelized Onion Tart(V)
All served with Roast Potatoes and Seasonal Vegetables

Desserts:

Christmas Pudding with Brandy Sauce
Profiteroles with Chocolate Sauce
Fresh fruit salad
Apple Pie with Custard

Coffee

PTO

Please complete the booking form and return to Mr. John Smith,
72 Pettits Lane, Romford, RM14ET by **30th NOVEMBER 2015.**

NAME

NO OF SEATS REQUIRED

TELEPHONE NUMBER

Total amount enclosed at £21 per person including tip.....

Please make cheque for full amount payable to Havering and East London
Ramblers Social Account. **ALL ENQUIRIES TO John Smith 07860499907**

**This year we have to make our choice at time of payment, so please select
your meal and send completed form and your cheque to John Smith.**

GUEST

STARTER

MAIN COURSE

DESSERT